



## Thursday, September 8, 2011

### Welcome to the 6th Annual Bauman/Rovn Invitational.

The course is part of the Three Rivers Park system and was designed specifically as a permanent cross country course. It is generally viewed by those who have competed here to be a demanding course with rolling terrain and several very tough hills. The meet name celebrates two Hopkins cross country coaches who have made deep impacts at Hopkins along with successful team championships within the conference, sectional, and state levels; **Ed Bauman 1990-2006 and Jim Rovn 1978-2010.**

<u>Time</u>	<u>Race</u>	<u>Distance</u>	<u>Awards</u>	<u>Invite Record</u>
<b>3:30</b>	Boys JV	5K (enter up to 15)	Top 15 T-shirts	17:25 Mohamed Mohamed EP 08
<b>4:00</b>	Girls JV	4K (enter up to 15)	Top 15 T-shirts	15:50 Abbi Aspengren Elk R 08
<b>4:30</b>	Boys Varsity	5K(enter up to 10)	Top 25 T-shirts	<b>15:40.43 Aaron Bartnik EP 10</b>
<b>4:55</b>	Girls Varsity	4K(enter up to 10)	Top 25 T-shirts	<b>14:26 Kaila Urick Chaska 10</b>
<b>5:20</b>	Boys Middle /JH	2.7K (unlimited)	Top 10 T-shirts	9:26.33 Derek Peterson Wayz 09
<b>5:40</b>	Girls middle /JH	2.7K (unlimited)	Top 10 T-shirts	<b>11:04 Samantha Hendricks Elk R 10</b>
<b>6:00</b>	Boys JV "C"	5K (unlimited)	Top 10 T-shirts	18:29.48 Andrew Long Wayz 09
<b>6:30</b>	Girls JV "C"	4K (unlimited)	Top 10 T-shirts	<b>17:28 Izy McClure Edina 10</b>
<b>7:00</b>	<b>Awards</b> located on the hillside next to start/finish or Park Pavilion if necessary.			

**2011 Boys Teams:** Armstrong, Buffalo, Chaska, Chanhassen, Eastview, Eden Prairie, Edina, Elk River, Hopkins, Lakeville South, Maple Grove, Mounds View, Richfield, Roseville, Mpls Southwest, Wayzata, Willmar

**2011 Girls Teams:** Armstrong, Buffalo, Chaska, Chanhassen, Coon Rapids, Eastview, Eden Prairie, Edina, Elk River, Hopkins, Lakeville South, Maple Grove, Minnetonka, Richfield, Roseville, Mpls Southwest, Willmar.

### All Time Course Records at Gale Woods:

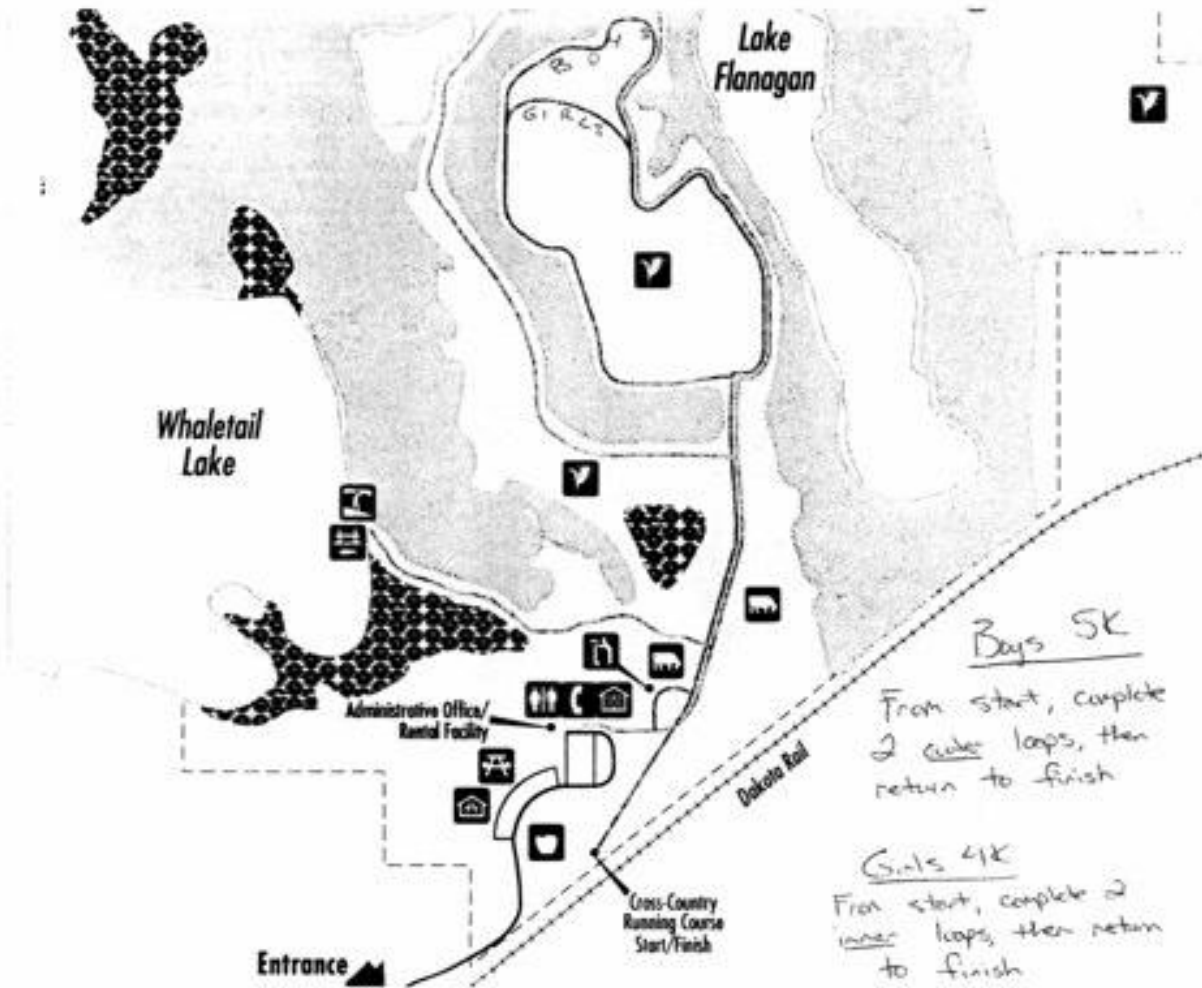
**5K 15:35.5 Ryan Little (EP '06)**

**4K 14:18.4 Alex Gits (Edina '06)**

- The Pavilion next to the upper parking lot is available for bathroom use and awards (if the weather is uncooperative). The Park asks that no team camps be located within the Pavilion.
- **TC Running** will have a presence again and is assisting with the purchase of the microfiber award t-shirts and team running hats for 1<sup>st</sup> and 2<sup>nd</sup> place varsity teams.
- For your team's enjoyment, the **Hopkins Booster** will provide healthy snacks and water options. In addition we will sell commemorative Bauman/Rovn t-shirts for runners and fans.
- The Hopkins Staff will designate **Kilometer markings** for the girls 1K, 2K, 3K and boys 1K, 2K, 3K, 4K.



Course Map  
2.7 K = 1 small loop  
4K = 2 small loops  
5K = 2 large loops



### CROSS COUNTRY SCORING

Each team competing in a cross-country meet consists of seven runners. The first runner to finish scores one point, second place two points; third place three points; and so on. All of the competing runners who finish are ranked and scored in this manner. The final team score is then determined by totaling the points; lowest total is declared the winner. Even though the sixth and seventh runners on a team are not able to post scores for their own team, these "kickers" can increase the total score of the opposing teams if they finish ahead of the first five runners of the opposing team. A perfect score would be 15, indicating a team placed all their scoring runners in the top five spots.

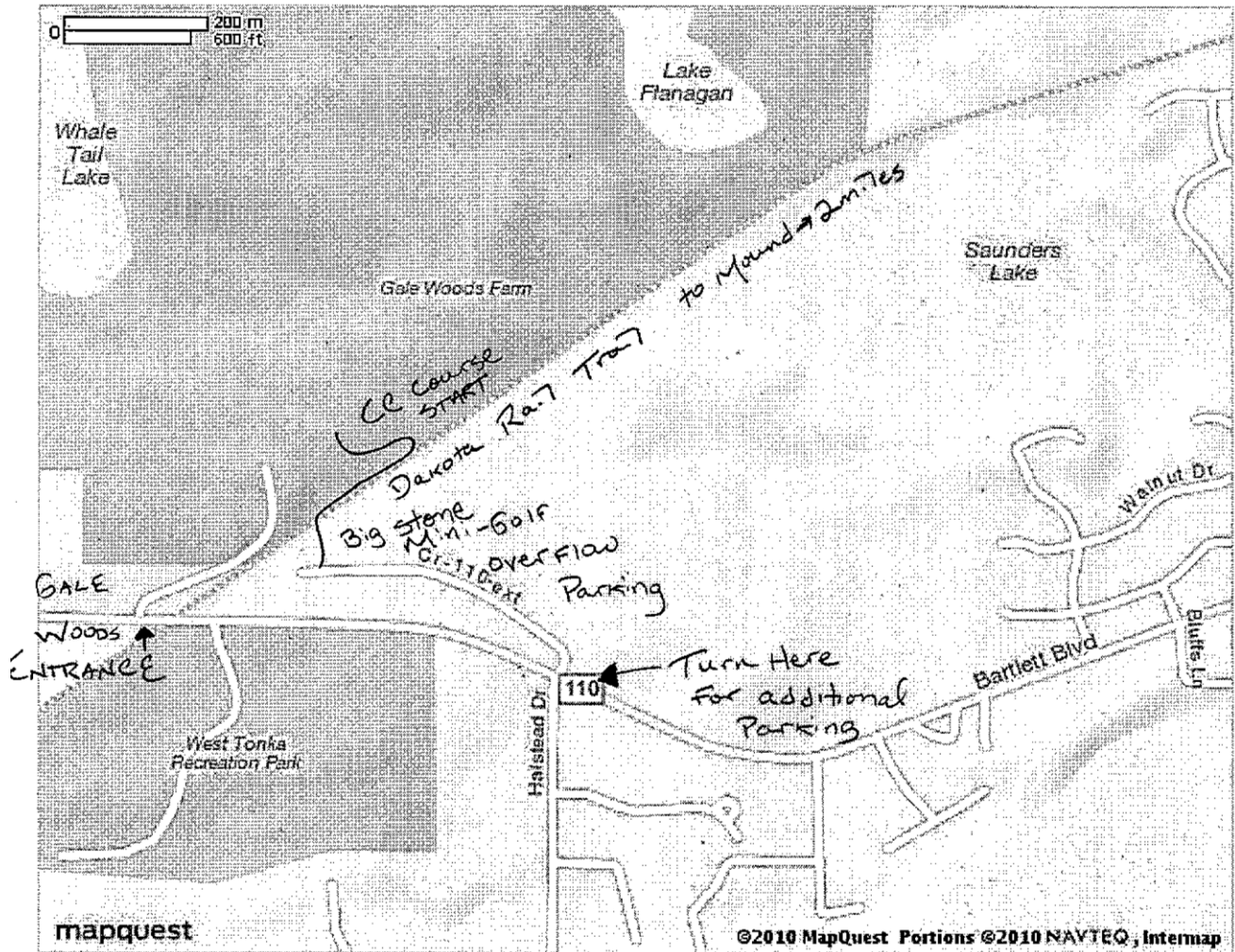
# MAPQUEST.

## Map of 7570 County Road 110 W

Minnetrista, MN 55364-9548

### Notes

Additional Parking available on CR-110 Ext. Enter Gale Woods thru the Big Stone Mini-Golf Course parking lot and the Dakota Trail. It is approximately 350 yards to the CC course Start/Finish from this parking area. Follow the signs.



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